

## Help us close out our Building a Healthy Future Campaign

Dear Friend,

Fall 2025

Information can overwhelm all of us, from texts to social media posts and AI-generated deep fakes. But imagine that you are 11 years old, trying to make sense of it all. How do you gain the know-how to determine whether a fact is a fact, or a source is a trustworthy expert?

For more than two decades, Healthy NewsWorks has worked with elementary and middle school students to help them answer such fundamental questions. **They not only acquire skills to identify reliable information, but they also immediately apply them, sharing their findings with thousands of people every year in their schools and communities.**

As technology has become ubiquitous, Healthy NewsWorks has expanded its programming. We still publish our flagship school health newspapers (in print and online) but also have added magazines (in print and online), web content, and video—all produced by students ages 5 to 14. The goal of this multimedia approach is to teach our reporters how to communicate across a variety of platforms so they can provide even more people with relevant and dependable health information.

(Over, please)

### WHAT STUDENTS SAY



Healthy NewsWorks changed me in many ways when I was in fourth grade. I had so much fun writing, filming, learning new things, and growing as a reporter for my school newspaper, the Cole Manor

*Healthy Comet.*

One thing I enjoyed about Healthy NewsWorks is that I got to make videos. Two were about video skills that other kids will watch and learn from. That was just so amazing and fun. Another thing is that I became more confident talking to people and speaking on camera. I also developed better writing skills from all the articles I wrote for the newspaper and the films we did.

One thing that I loved and that really stood out to me was interviewing Dean Millard. Dean was a reporter on the Cole Manor Healthy Comet when he was in elementary school. Now he is a law student at Villanova University. He taught me that

making decisions can be hard, and that people make mistakes and that it is OK. We need to embrace the journey. He also taught me to think before I make a decision. I think that he is a wise and great person.

Now I am in fifth grade, and I can't wait to join my middle school health newspaper. Thank you, Healthy NewsWorks!

—Aria Bucci, 5th grade  
East Norriton Middle School



To make this happen, we rely on people like you who know how important it is for children to learn how to find and appropriately use health information. That's why two years ago we launched our **Building a Healthy Future** campaign to raise \$1 million from individuals to support our reporters. We now are in the campaign's final year and have so far received more than \$735,000 in cash and pledges.

Please help us close out the campaign. Your generosity will make a huge difference for our reporters, their families, and their communities today and in the years ahead.

With gratitude,



Marian Uhlman  
Executive Director  
HealthyNewsWorks.org

Learn more  
about our Case  
for Giving:



## OUR BOARD OF DIRECTORS

Amy B. Ginensky, J.D., President  
James W. Buehler, M.D., V.P.  
Andrew D. Magnus, V.P.  
Laurita Hack, D.P.T.,  
M.B.A., Ph.D., Secretary  
H. George Shoffner,  
C.P.A., Treasurer  
Kristen A. Feemster, M.D.,  
M.P.H., M.S.H.P.  
Moriah Hall, M.P.H.  
Ross T. Hamilton, Jr., Ed.D.  
Katherine Hatton, J.D.  
Blair Jones, M.B.A.  
Omar D. Joseph  
Leah (Morelle) Mack, C.P.A.  
Martha E. Morse  
Elizabeth Rappaport, M.D.  
Deborah Stern, M.A.T., Ph.D.  
Marian Uhlman, Executive  
Director, Ex-officio Member

## WHAT STUDENTS SAY



When I became a Healthy NewsWorks reporter earlier this year, I was nervous and uncertain whether I would be a good reporter. But I was also determined to figure it out.

After Mr. Steve Riggs (Healthy NewsWorks program associate) went over tips to find trustworthy information with my classmates and me, I found that I could spot reliable websites as easily as if they were highlighted in yellow. Being a reporter enhanced my vocabulary and my writing skills too.

I also learned things I never expected to learn — such as aerobic exercise gets your heart pumping faster, which makes it stronger; and if a kid misses more than 15 days of school, they can miss a lot of crucial learning, which will set them back in their education.

Furthermore, Healthy NewsWorks offered me so many opportunities, including reporting, writing, interviewing professionals, drawing, facilitating conversations, creating videos, and making a song.

I truly love and respect everyone at Healthy

NewsWorks. The adults listen to you without thinking they know best, which allows my classmates and me to express and articulate ourselves to the fullest.

Healthy NewsWorks has made a positive difference in my life. I am now a senior reporter and I know, even when it gets hard, I can push through.

—Xzavier Valdez-Sharp, 7th grade  
Holy Name Catholic School, Camden, NJ



Illustration by Xzavier Valdez-Sharp