



# Healthy NewsWorks Family Engagement Workshops FAQ

## **What are Healthy NewsWorks Family Engagement Workshops?**

Healthy NewsWorks offers Family Engagement Workshops in partnership with schools, libraries, and community organizations to provide relevant health information and teach media literacy skills to participating adults and children. Participants gain a better understanding of how to identify trustworthy information, make healthier choices, and improve their well-being. Through engaging, hands-on activities, the workshops foster stronger family connections and equip participants with knowledge that can positively affect their lives and communities.

## **What topics are discussed in a Family Workshop?**

Current offerings include healthy snacking, de-stressing as a family, and helping your child manage social media. Workshop attendees can expect an interactive and memorable experience. Workshops typically last 45 minutes to 2 hours. The topics and duration can be tailored to suit your community.

## **What does it cost to sponsor a Family Workshop?**

We understand that budgets vary and are happy to discuss recommended donations.

## **How do I schedule a Family Workshop for my school or organization?**

Registration links for current workshop offerings are available on our website:

[www.healthynewsworks.org/family-engagement-workshops/](http://www.healthynewsworks.org/family-engagement-workshops/). Or you may contact the Healthy NewsWorks staff member who works directly with your school, library, or organization.

## **Does Healthy NewsWorks help promote our organization's Family Workshop?**

Healthy NewsWorks counts on the sponsoring school or organization to invite participants. You will receive a promotional kit containing materials to help raise awareness of the Family Workshop, including digital workshop fliers, graphics for social media, and event descriptions and templates to send to community members. Healthy NewsWorks will also promote your event through our media channels.

## **When can Family Workshops be scheduled?**

Family Workshops can be scheduled at a time that is most convenient for your school, library, or organization. We generally request at least a two-week lead time.

## **Can Family Workshops be held virtually?**

Yes! We offer both in-person and virtual workshops. Virtual sessions are conducted via video conference, allowing families to participate from home or another convenient location.

## **How can I learn more about Healthy NewsWorks?**

Our website showcases student work, our team, partnerships, upcoming events, and other important information about our program: [www.HealthyNewsWorks.org](http://www.HealthyNewsWorks.org). You may also email Executive Director Marian Uhlman, [muhlman@healthynewsworks.org](mailto:muhlman@healthynewsworks.org), or Chief of Staff John LaChine, [jlachine@healthynewsworks.org](mailto:jlachine@healthynewsworks.org).