Healthy NewsWorks
Permission Form for Taste Tests

Your child is a healthy newspaper reporter during the 2019-20 school year and will learn about and taste healthy snacks.

**Food Safety is IMPORTANT!** Parent/guardian permission is required for tasting. Please sign below to show whether your child CAN or CANNOT taste the following foods:

1. **Southwestern salsa with whole grain corn chips** (mild tomato salsa with corn and black beans with whole grain corn chips)
   - My child **CAN** taste this snack. Parent/Guardian signature _______________________________
   - My child **CANNOT** taste this snack. Parent/Guardian signature _______________________________

2. **Strawberry Pie Dippers** (strawberry flavored Greek non-fat yogurt with plain graham crackers)
   - My child **CAN** taste this snack. Parent/Guardian signature _______________________________
   - My child **CANNOT** taste this snack. Parent/Guardian signature _______________________________

3. **Flavored Waters** (seltzer water with 100% grape juice; water with orange slices; water with cucumber slices and mint)
   - My child **CAN** taste this snack. Parent/Guardian signature _______________________________
   - My child **CANNOT** taste this snack. Parent/Guardian signature _______________________________

Your name (please print): ______________________________________________________

Your child’s name: ____________________________________________________________

School’s name: __________________________________________________________________

Teacher name: __________________________________________________________________

Date: __________________________________________________________________________

*Tasting is always the child’s choice.* Children unable or unsure of tasting will still be part of the lesson by doing other reporter activities such as illustration or interviewing.