



WRITE A REVIEW—Advanced Health Advocates

NOTE: Teachers should decide whether to use the options for BHA (Beginning Health Advocates) or AHA (Advanced Health Advocates), depending on the students’ prior experiences with Healthy NewsWorks and students’ developmental/ability levels.

This one-day lesson assumes students have already read health-related books and/or played games, and/ or accessed media to review.

Objective(s)	Students will write a review of a health-related game, website, video, food, or book.
Essential Understandings	<ol style="list-style-type: none"> 1. Students have opinions about the media they read, watch, and play, and new healthy foods they taste. 2. Students can write up and publish these opinions. 3. Student-written opinions can help other kids decide what media or foods they want to try.
Standards Addressed	<p>W.5.8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work and provide a list of sources.</p> <p>W.5.1 Write opinion pieces on topics or texts, supporting a point of view with reasons and information.</p>
Key Vocabulary	<p>review - a piece of writing that gives readers information and an opinion about a product or service that they may want to use</p> <p>opinion - a belief, thought, or feeling</p>
Materials Needed	<ol style="list-style-type: none"> 1. Newspapers with student-written reviews. 2. Paper for students to write their review. 3. Materials for students to review: any health-related book, video, app, or game, or health-related games <p>Health-related web games</p> <ul style="list-style-type: none"> • Healthy NewsWorks Games healthynewsworks.org/game/ • Healthy cooking tinyurl.com/hnwwgame1 • ChooseMyPlate nutrition games www.choosemyplate.gov/games <p>Health-related websites</p> <ul style="list-style-type: none"> • Bam! Body and Mind www.cdc.gov/bam/ • Kids Health: tinyurl.com/hnwsite1 <p>Health-related books</p> <ul style="list-style-type: none"> • Ask your HNW Teacher for suggestions <p>Health-related videos</p> <ul style="list-style-type: none"> • NFL Touchdown Dance: tinyurl.com/HNWNfldance • Fitness: Fit Kids Healthy for Life! • Making healthy snacks: tinyurl.com/HNWSnacksite <ol style="list-style-type: none"> 4. OR healthy food to review (see safe food handling guidelines for conducting a taste test) 5. chart paper 6. markers



Introduction: Anticipatory Activity	<ul style="list-style-type: none">• Define "review".• Read sample review. Does this sound like a book or game you want to try? What did the reviewer say that made you curious? Do you believe the reviewer? Why/not?• You can write a review! Kids usually respect and trust other students' opinions about media when they are honest and thoughtful.• What goes in a review? Generate list of key features of a good book or game/app/website review, using handout to guide conversation. **Create an anchor chart with students that you can keep posted or bring out when needed throughout the year.
Review-writing Lesson	<ol style="list-style-type: none">1. Play one short game together with the class. NFL Touchdown Dance: tinyurl.com/HNWNfldance is fun. Model draft a paragraph-long review, including review elements listed on anchor chart.2. Have students turn and talk with a peer: What is one health-related website, book, or game you could review?3. Students choose a health-related website, book, or game to review, and write independently.
Dig Deeper (Optional)	<ul style="list-style-type: none">• Add rating system along the lines of Common Sense media, rating media on a scale of 1-5 for select qualities<ul style="list-style-type: none">○ Common Sense rates media for the following qualities:<ul style="list-style-type: none">▪ Educational Value▪ Positive messages▪ Violence and scariness, etc. <p>See sample rating scale: www.common sense media.org/website-reviews/w3kidscom</p> <p>Students can adopt or adapt a similar rating scale in their reviews.</p>
Check for Understanding	<p>Students use a checklist based on anchor chart to check their review as they write.</p>



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Share the review samples below with your students!

Game review

Reprinted page from Healthy Neighbors Community Edition Newspaper (2018)

By Whitehall Elementary School reporters

Wheel Spin

How the game works: To play the Wheel Spin game you press the spin button and the arrow moves. A stop button makes the arrow stop. Then the game will ask you a question so you can get points if you get the answer right. There are 10 questions.

What you learn: The game teaches children about using websites and how to tell whether they are safe to use.

My opinion: I liked the game because it quizzes you like you're at a game show. Also, it helps you get information about what websites you should use. I also liked the intro theme song. I think people who are 8 to 10 years old who enjoy playing cyber games or like to learn about websites would like the game because they could learn more.

Book review

Reprinted page from Healthy Neighbors Community Edition Newspaper (2014)

By Cole Manor Elementary School reporters

Hear Your Heart

By Paul Showers

"Hear Your Heart" is an informational book with a lot of great pictures. This book is only 33 pages and it is published by HarperCollins. It is filled with lots of interesting facts about the heart. For example, did you know that your heart is about as big as your fist?

Another interesting fact is that the heart is a strong muscle that works day and night. The heart has veins, arteries, and valves. Valves keep the blood moving in the right direction. The veins and arteries transport the blood to and from the heart.

We also learned that a fourth grader's heart beats about 90 times a minute, but an adult's heart beats about 72 times a minute.

We think kids ages 7 and up should read the book because they will understand it better than younger kids.



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WHAT MAKES A GOOD REVIEW?

Use for a classroom anchor chart

(Note: It is not necessary to post all three media)

For an online game

- Name and address
- Summary of how you play the game
- Description of what the game teaches/Goal of game
- Opinion of the reviewer (Did the reviewer like the game? Why or why not?)
- Recommendation (Who would most enjoy playing this game? What age group would you recommend it for?)

For a website

- Name and address
- Identify a few of the topics that are covered on the website
- Describe how the website gives information (through videos, quizzes, readings, graphics)
- Opinion of the reviewer (Did the reviewer like the website? Why or why not?)
- Recommendation (Who would most enjoy playing this website? What age group would you recommend it for?)

For a book

- Title and author
- What topics are covered
- Interesting fact(s) the reviewer learned
- Opinion of the reviewer (Did the reviewer like the book? Why or why not?)
- Recommendation (Who would most enjoy playing this website? What age group would you recommend it for?)