



Give someone a Healthy High-Five!

Do you know a student, teacher, principal, friend, health leader, or someone else who is making our world healthier and safer? Do you think a group or business is doing something special in your community?

From now through June 30, 2016, Healthy NewsWorks invites you to send a shout-out to any person or organization as part of our **Healthy High-Fives Campaign**.

For a tax-deductible contribution of \$10 each, you can create a short message and we'll post it on our website and on Twitter. Each tweet will help put a copy of our fifth book, *Leading Healthy Change In Our Communities 2016*, into student hands and help build our program.

Go to HealthyNewsWorks.org to submit your Healthy High-Five electronically or use this form to mail us one or more messages and your donation. And be sure to include your name or, if you have one, your Twitter handle. (Messages may be edited for length or clarity.)

Follow **@HealthyNewsWks** on Twitter to see your #healthyhighfives or go to HealthyNewsWorks.org.

Your gift will help us deliver the three primary elements of the Healthy NewsWorks program—core newspapers, health education, and our book project. This year, we're working with 300 student journalists in 14 high-needs Philadelphia-area schools and distributing their work to some 6,000 elementary and middle school students. Thank you for your support and participation!

HealthyNewsWorks.org | Contact: Marian Uhlman, Director | muhlman@HealthyNewsWorks.org

Be confident in your charitable giving. Healthy NewsWorks is a division of Resources for Human Development, Inc., a registered charitable organization. In accordance with Pennsylvania law, we are required to advise you that a copy of RHD's official registration and financial information may be obtained from the Pennsylvania Department of State by calling 800-732-0999 (toll-free within Pennsylvania) or 717-783-1720. Registration does not imply endorsement.

Create your Healthy High-Five!

Your information

Name

Email

How you'd like to be recognized (e.g., your Twitter handle if you have one, your name, your school or organization, etc.)

Street or P.O. box

City, state, zip

Phone (Area code, number, extension)

Number of High-Fives	Contribution (\$10 per High-Five)	Total Contribution
_____ x	\$10.00	= \$ _____

Instructions: In 140 characters or less, tell us whom you'd like to recognize and why. Be sure to include your honoree's Twitter handle if there is one. We'll post your message via @HealthyNewsWks on Twitter, on our website, and in the program for our 2016 book launch event. (Submissions will be edited for length and clarity.)

Sample Healthy High-Five

Joe Smith @Joe4HNW is a terrific role model for his work helping to spruce up Anytown Neighborhood Park! — From @Jane4HNW

Healthy High-Five #1

Friend's Twitter handle (if available):

Message:

Please make check payable to
Healthy NewsWorks-RHD

Mail completed form to:

Healthy NewsWorks
P.O. Box 431
Drexel Hill, PA 19026

For more Healthy High-Fives, use next page or a blank page.

Create more Healthy High-Fives!

Healthy High-Five #2

Friend's Twitter handle (if available):

Message:

Healthy High-Five #3

Friend's Twitter handle (if available):

Message:

Healthy High-Five #4

Friend's Twitter handle (if available):

Message:

Healthy High-Five #5

Friend's Twitter handle (if available):

Message:

Healthy High-Five #6

Friend's Twitter handle (if available):

Message:

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